

WHAT IS CONSCIOUSNESS?

Consciousness, how it can be altered,
and the different states.

What are the states Consciousness?

- ▣ There are many states of consciousness. The main three are consciousness, sub consciousness, and unconsciousness.

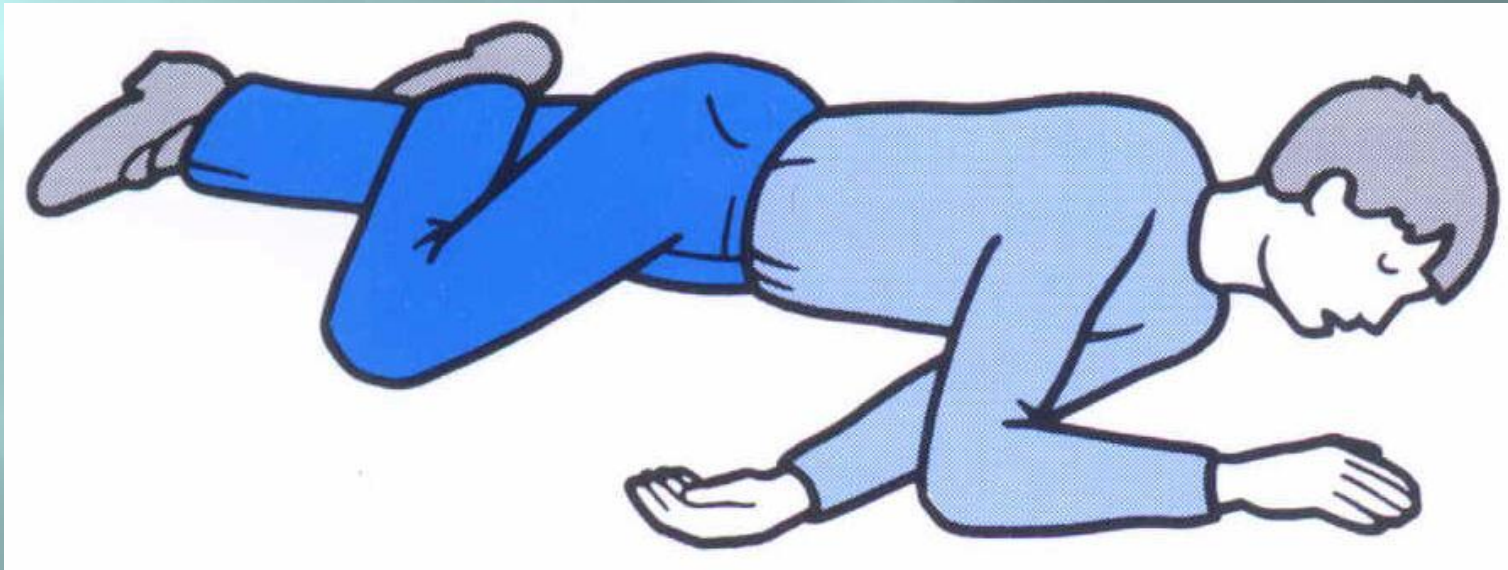
Consciousness

- ▣ The act of being awake, alert and responsive to ones environment.



Unconsciousness

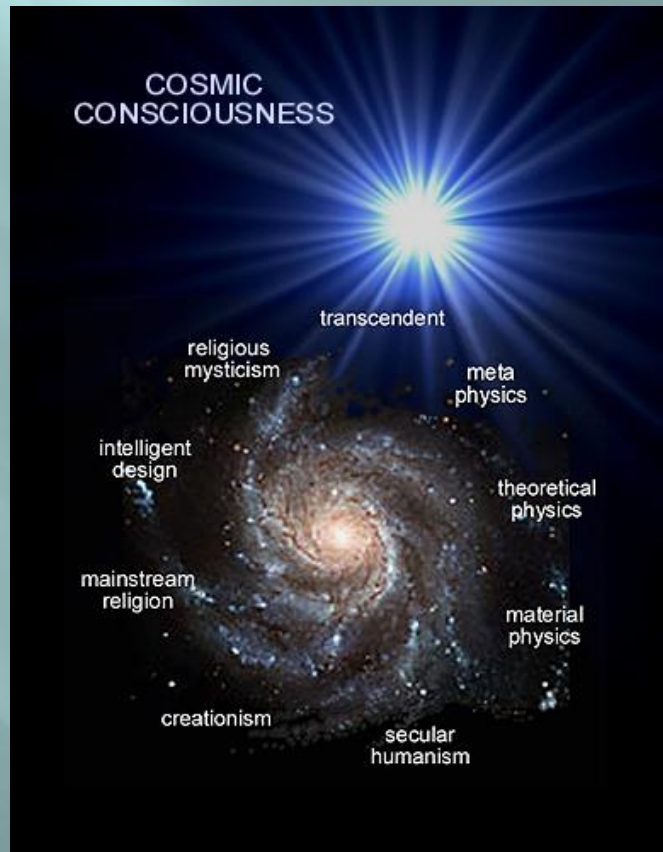
- ▣ Existing without one realizing, unawake and unaware.



Sub Consciousness

- ▣ Instinctual actions, like breathing or ones heart beating.

What is Cosmic Consciousness?



How can you alter your state of Consciousness?

- ▣ Hallucinogenic Drugs (LSD, Hallucinogenic Mushrooms, Salvia, Peyote ETC.
- ▣ Marijuana
- ▣ Fasting
- ▣ Meditation
- ▣ Praying
- ▣ Alcohol

